



## **Chemical Peel Pre-Treatment Instructions**

### **Pre-Treatment Instructions:**

- Avoid sun exposure prior to treatment. Sunburned skin cannot be treated.
- Do not bleach, wax, tweeze or use depilatory creams in treatment area for 3 days prior to treatment
- Discontinue use of retinoid (Retin A, Tazorac, Differin, etc) and Hydroquinone products 3 days prior to treatment
- Discontinue use of 10% or higher Alpha Hydroxyl Acids, Glycolic Acids, and exfoliants 3 days prior to peel
- If you have a history of perioral herpes, advise office so you may begin prophylactic antiviral therapy the day before treatment
- Schedule your injection at a time when minor swelling or peeling will not disrupt your social obligations

### **Day of Treatment Instructions:**

- Omit lotions, creams, make up or deodorant in area to be treated AND arrive with clean washed skin
- Inform provider of any changes in medical history and of all medications you are taking

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**Name of patient (please print)**

**Signature of patient**

**Date**

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**Name of Aesthetician (please**

**Signature of aesthetician**

**Date**