





Post-treatment Skin Care Hair Removal

- Lotion should be applied to the area for rehydration. If the area sheds the skin, it should be allowed to fall off naturally and not be scratched or picked off. Lotion applied following laser treatment can have a soothing effect
- An antibiotic cream should be used if there is any blistering or breaking of the skin.
- The patient should be instructed to contact the office if there is any indication of infection (redness, tenderness, or pus)
- Do not shave treated area for at least 3 days post-treatment.
- Normal skin care regiments, i.e., makeup, moisturizers, and deodorant may be resumed the day after treatment as long as there is no redness, blistering, or shedding of the skin.
- Between sessions, no mechanical trimming (waxing, tweezers, electrolysis, electric epilator) allowed

Bathing

• Wash treated area gently with mild soap and water. If treated area is irritated, the area should not be rubbed with a towel. The area should be gently patted dry

Makeup

- If the area blisters, extreme caution should be used when applying or removing makeup. The treated area is very delicate and should be treated with care.
- Rough removal of makeup can increase the incidence of post-treatment complications.

Sun Protection

- Sun exposure should be avoided throughout the course of treatment. A broad spectrum sunscreen with SPF 30 or greater should be applied whenever the area may be exposed to the sun.
- Delayed blistering secondary to sun exposure has been noted up to 72 hours posttreatment.

Activities

 Following the laser treatment activities, such as swimming, sports and strenuous exercise should be avoided for the first 2-3 days, or until any redness, skin shedding or blisters has been resolved