



KYBELLA® PRE-TREATMENT INSTRUCTIONS

Pre-Treatment Instructions

- 7 DAYS BEFORE treatment (to prevent bruising): AVOID blood thinning over-the-counter medications such as Aspirin, Motrin, Ibuprofen, and Aleve. Also avoid herbal supplements, such as Garlic, Vitamin E, Ginkgo Biloba, St. John's Wort, and Omega-3 capsules.
- Do not drink alcoholic beverages 24 hours before (or after) your treatment to avoid extra bruising.
- Do not use KYBELLA® if you are pregnant or breastfeeding, are allergic to any of its ingredients, or suffer from any neurological disorders. Please inform your provider if you have any questions about this prior to the treatment.
- Plan your procedure to have 4-5 days of down time to allow time to reduce swelling and bruising.

Day of Treatment

- Arrive to the office with a "clean face". **PLEASE DO NOT WEAR MAKEUP.** You may bring your own makeup to apply after your treatment.
- You may experience a mild amount of tenderness or a stinging sensation following injection.
- Redness and swelling are normal. Some bruising may also be visible.
- You may experience some tenderness at the treatment site(s) that can last for a few hours or a few days. You may have bruises in the areas treated. You can use Arnica gel to help reduce bruising.

Name of patient (please print)

Signature of patient

Date

Name of physician (please print)

Signature of physician

Date