



Patient Treatment Disclosure

Here at Vein and Body Specialists we offer CoolSculpting to provide the customers a non-invasive fat reduction process by freezing away fat without surgery and no downtime. The CoolSculpting procedure safely delivers precisely controlled cooling to gently and effectively target the fat cells underneath the skin. Treated fat cells are crystalized (frozen), then die. Over time, your body naturally processes the fat and eliminates these dead cells, leaving a more sculpted you. The CoolSculpting procedure will not help you lose weight. However, if you want to lose unwanted fat and look slimmer in your clothes, then CoolSculpting may be right for you.

For some people, a customized treatment plan may include more than one CoolSculpting treatment. For example, you may want freeze away fat from your inner and/or outer thighs—and also get rid of that muffin top. Your physician will provide a clinical recommendation of which areas should be treated and how many treatments you will need.

During your treatment, a gel pad and applicator will be applied to the targeted area. The CoolSculpting applicator delivers controlled cooling to the targeted fat. As the name suggests, the CoolSculpting procedure can be a little chilly. Controlled cooling is delivered via an applicator to freeze the targeted fat. Though you may feel intense cold initially, this feeling usually subsides within 5 to 10 minutes as the area numbs. Because most applicators use a vacuum to draw fatty tissue into the applicator cup, you may also feel some pulling, tugging, and/or mild pinching.

Once the procedure starts it is important to know that the process cannot be stopped after the initial ten minutes. **If you do decide the stop the procedure after the initial ten minutes you will be charged 40% of the cost of the procedure.** This cost is due to the lost treatment cycle that cannot be returned. Before starting your treatment it is important to tell the clinician if:

- You are not comfortable
- If the vacuum pressure is too much to handle for the duration of the treatment
- If you need to use the restroom.
- If you need any entertainment material for the procedure

Entertainment material will be provided to you during the treatment cycle. Many people read, check email, or even take a nap during their treatments. You are encouraged to do whatever feels most comfortable for you avoiding larger movements which can cause the applicator to lose contact with the body.

As a client, you are encouraged to read this document and ask the clinician and questions you might have after reading this document. By signing this document, you are acknowledging your responsibility to adhere to the terms of this disclosure including all financial responsibility.

_____/_____
Clients Signature / Date

_____/_____
Clinician Signature / Date